**檢驗科 精液檢查注意事項**

**Semen collection procedure**

~採取檢體前注意事項 Attention before collecting specimen~

步驟1(Step 1)

檢查精液前，請禁慾3~5天，禁慾時間過長或過短皆會影響精蟲。

Before semen test, please do not have sexual activity for 3~5 days, the quality of sperm in influenced by duration of no activity.

步驟2(Step 2)

取精前應將雙手及生殖器清洗乾淨，已手淫取得精液最佳，性交中斷法次之，禁止使用保險套收集精液。

Please clean both hands and genital organ before taking semen. The best specimen is obtained by masturbation, followed by interrupted intercourse. Do not collect semen using condom

步驟3(Step 3)

射出的精液應避免遺漏及汙染，將全部的精液裝於指定支無菌溶器中。

The seminal fluid must be collected in the aseptic container. Do not discard or contaminate any semen.

~送檢時注意事項 Attention for transportation specimen~

步驟 4(step 4)

檢體採集後必須於30分鐘內送到亞洲大學附屬醫院二樓檢驗科。

The specimen must be brought to OPD laboratory on 2F, Asia university hospital.

步驟5(Step 5)

送檢過程可將檢體容器置於靠近身體衣服口袋內保暖。

Bring the specimen container in the pocket close to your body, in order to keep semen warm.

步驟6(Step 6)

此項檢查將由專人為您進行檢驗，麻煩注意送檢時間，以免耽誤您的權益，送檢時間為星期一至星期五:上午8:00~11:00，下午1:00~4:00；星期六:上午8:00~11:00，假日不受理檢查，不便之處尚請見諒。

This test will be done by the specialist, please bring the specimen to our lab during 8:00~11:00AM, 1:00~4:00PM. Weekday /8:00~10:00AM Saturday.

條碼黏貼處

送檢前請確實填寫下列表格資料 Please fill in the following form:

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 姓名Name |  | 病歷號碼Medical record number |  | 連絡電話Telephone number |  |
| 收集時間Time |  點 分 : | 收集方式Method | □手淫 Masturbation□性交中斷 Interrupted intercourse | 禁慾天數 天No sexual activity: days |

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